Chapter 2:

Learning Objectives:

1. Explain why psychologists are concerned with human biology, and describe the ill-fated phrenology theory.

Neural Communication:

- 2. Explain how viewing each person as a biopsychosocial system helps us understand human behavior, and discuss why researchers study other animals in search of clues to human neural processes.
- 3. Describe the parts of a neuron, and explain how its impulses are generated.
- 4. Describe how nerve cells communicate.
- 5. Explain how neurotransmitters affect behavior, and outline the effects of acetylcholine and the endorphins.
- 6. Explain how drugs and other chemicals affect neurotransmission, including the contrasting effects of agonists and antagonists.

The Nervous System:

- 7. Describe the nervous system's two major division, and identify the three types of neurons that transmit information through the system.
- 8. Identify the subdivisions of the peripheral nervous system, and describe their functions.
- 9. Contrast the simplicity of the reflex pathways with the complexity of neural networks.

The Endocrine System:

10. Describe the nature and functions of the endocrine system and its interactions with the nervous system.

The Brain:

- 11. Describe several techniques for studying the brain.
- 12. Describe the components of the brainstem, and summarize the functions of the brainstem, thalamus, and cerebellum.
- 13. Describe the structures and functions of the limbic system, and explain how one of these structures controls the pituitary gland.
- 14. Define *cerebral cortex*, and explain its importance to the human brain.
- 15. Identify the four lobes of the cerebral cortex.
- 16. Summarize some of the findings on the functions of the motor cortex and the sensory cortex, and discuss the importance of the association areas.
- 17. Describe the five brain areas that would be involved if you read this sentence aloud.
- 18. Discuss the brain's plasticity following injury or illness.

- 19. Describe split-brain research, and explain how it helps us understand the functions of our left and right hemispheres.
- 20. Discuss the relationship among brain organizations, handedness, and mortality.