

Chapter 16

Learning Objectives:

Perspectives on Psychological Disorders:

1. Identify the criteria for judging whether behavior is psychologically distorted.
2. Contrast the medical model of psychological disorders with the biopsychosocial approach to disordered behavior,
3. Describe the goals and content of the DSM-IV.
4. Discuss the potential dangers and benefits of using diagnostic labels.

Anxiety Disorders:

5. Define *anxiety disorders*, and explain how these conditions differ from normal feelings of stress, tension, or uneasiness.
6. Contrast the symptoms of generalized anxiety disorder and panic disorder,
7. Explain how a phobia differs from the fears we all experience,
8. Describe the symptoms of obsessive-compulsive disorder.
9. Describe the symptoms of post-traumatic stress disorder, and discuss survivor resiliency.
10. Discuss the contributions of the learning and biological perspectives to our understanding of the development of anxiety disorders.
11. Describe the symptoms of dissociative disorders, and explain why some critics are skeptical about dissociative identity disorder,

Mood Disorders:

12. Define *mood disorders*, and contrast major depressive disorder and bipolar disorder.
13. Discuss the facts that an acceptable theory of depression must explain.
14. Summarize the contributions of the biological perspective to the study of depression, and discuss the link between suicide and depression.
15. Summarize the contributions of the social-cognitive perspective to the study of depression, and describe the vents in the cycle of depression.

Schizophrenia:

16. Describe the symptoms of schizophrenia, and differentiate delusions and hallucinations,
17. Distinguish the five subtypes of schizophrenia, and contrast chronic and acute schizophrenia.
18. Outline some abnormal brain chemistry, functions, and structures associated with schizophrenia, and discuss the possible link between prenatal viral infections and schizophrenia.
19. Discuss the evidence for a genetic contribution to the development of schizophrenia.

20. Describe some psychological factors that may be early warning signs of schizophrenia in children.

Personality Disorders:

21. Contrast the three clusters of personality disorders, and describe the behaviors and brain activity associated with antisocial personality disorders.

Rates of Psychological Disorders:

22. Discuss the prevalence of psychological disorders, and summarize the findings on the link between poverty and serious psychological disorders.